

Supplemental Material S5. Y03 brief interview transcription.

Pt. ID	Y03
Pre-Yoga Questions	
How do you feel about yoga?	I think yoga helps a lot with everything, in mind and body.
Why do you want to participate in a yoga program?	I would love to help and research and want to be part of knowledge about myself.
Do you think yoga can help you?	Yes
If yes, how can yoga help you?	Relaxing.
Post-Yoga Questions	
How do you feel about yoga now?	I love it, I love coming, I want to continue, I would love to continue.
What do you like about yoga?	Everything, I like the people, the facilitator. The group, oh my gosh, I feel very comfortable.
Are there things you do not like about yoga?	No, I like it, I don't have nothing negative.
Did yoga help you?	Yes
If yes, how did yoga help?	I feel more connected with myself.
Will you keep doing yoga?	Yes
Did yoga help you meet your goals for this program?	Yes
If yes, how did yoga help?	One of my goals is to accept myself with this aphasia, and I feel more comfortable. [Administrator: Was yoga helpful with self-acceptance] Oh yes.
