Supplemental Material S1. Summary of musician's advantage for speech-in-speech.

| Study | Mean Age <br> $\mathrm{M}=$ musician <br> $\mathrm{NM}=$ nonmusician | Musician criteria | Paradigm(s) | Musician's Advantage? |
| :---: | :---: | :---: | :---: | :---: |
| Parbery-Clark, Skoe, <br> Lam, \& Kraus (2009) | $\left\lvert\, \begin{aligned} & \text { M/NM: } 23 \pm 3 y \\ & \text { (range: 19-31) } \end{aligned}\right.$ | $\geq 10$ y training Started $\leq$ age 7 <br> Practice $\geq 3 \mathrm{xs} / \mathrm{wk}$ | QuickSIN <br> Repeat sentences presented in 4 talker babble (composed of 3 female voices, 1 male voice), varying the signal to noise ratio (SNR). | Yes |
| Parbery-Clark, Strait, Anderson, Hittner, \& Kraus (2011) | $\begin{aligned} & \text { M: } 55 \pm 4.24 \mathrm{y} \\ & \mathrm{NM}: 54 \pm 6.02 \mathrm{y} \end{aligned}$ | $\left\lvert\, \begin{aligned} & \text { Started } \leq \text { age } 9 \\ & \text { Practice } \geq 3 \mathrm{xs} / \mathrm{wk} \end{aligned}\right.$ | WIN \& QuickSIN <br> Words and sentences in 4-talker babble | Yes (both tasks) |
| Zendel and Alain <br> $(2012)$ | $\begin{aligned} & \text { M: } 45.3 \text { y } \\ & \text { (range: 19-91) } \\ & \text { NM: 49.3 y } \\ & \text { (range: 18-86) } \end{aligned}$ | $\begin{aligned} & \text { Started } \leq \text { age } 16 \\ & \geq 6 \text { y lessons } \end{aligned}$ | QuickSIN <br> Sentences in 4-talker babble | $\underset{\text { (for older musicians) }}{\text { Yes }}$ |
| Strait, Parbery- Clark, O’Connell, \& Kraus, (2013) | M/NM: 3-5 y | Started training $\leq 12$ <br> months prior <br> Weekly lessons <br> Practice $\geq 4 \mathrm{xs} / \mathrm{wk}$ | ABR /da/ <br> Hear a syllable in quiet and/or in babble and record brainstem response via electroencephalogram (EEG). Presented in 6 -talker babble (2 male voices, 2 females voices) | Yes |
| Ruggles, Freyman, \& Oxenham (2014) | $\begin{aligned} & \text { M: } 21.8 \mathrm{y} \\ & \mathrm{NM}: 20.7 \mathrm{y} \end{aligned}$ | $\begin{aligned} & \geq 10 \text { y training } \\ & \text { Started } \leq \text { age } 10 \\ & \text { Practice } \geq 5 \mathrm{hr} / \mathrm{wk} \end{aligned}$ | QuickSIN <br> Sentences in 4-talker babble | No difference |
| $\begin{aligned} & \text { Boebinger et al. } \\ & (2015) \end{aligned}$ | M/NM: $27.2 \pm 6.9 \mathrm{y}$ | $\geq 10$ y training Started $\leq$ age 7 Practice $\geq 3 \mathrm{xs} / \mathrm{wk}$ | BKB sentence targets Spoken by a female speaker. Presented with a male masker | No difference |
| Zendel et al. (2015) | M: $23.4 \pm 4.3$ y <br> NM: $21.9 \pm 2.6$ y | $\geq 10$ y training <br> Started $\leq$ age 15 <br> Practice $\geq 10 \mathrm{hr} / \mathrm{wk}$ | CVC words <br> Presented in 4-talker babble ( 15 dB SNR, 0 dB SNR) | $\underset{\text { (only at } 0 \mathrm{~dB} \text { SNR) }}{\text { Yes }}$ |
| Anaya et al. (2016) | M/NM: $20.72 \pm 2.72$ y | Started $\leq$ age 9 <br> Enrolled in college <br> music program | PRESTO <br> Sentences presented in 6-talker babble | No difference <br> (for composite speech-in-speech + speech-in-noise score) |
| $\begin{aligned} & \text { Başkent \& Gaudrain } \\ & (2016) \end{aligned}$ | M: $22.75 \pm 2.43$ y NM: $21.89 \pm 1.97$ y | $\geq 10$ y training Started $\leq$ age 7 | Versfeld et al. (2000) sentences produced in 1-talker babble Masker created by concatenating random 1 s sequences of non-target sentences. Mean $f 0$ and apparent vocal tract length were manipulated. | Yes |
| Clayton et al. (2016) | M: $22.5 \pm 2.8$ y <br> NM: $20.47 \pm 1.4$ y | $\geq 10$ y training <br> Practice $\geq 5 \mathrm{hr} / \mathrm{wk}$ <br> Enrolled in college <br> music program | Target and 1-talker masker sentences (Swaminathan et al., 2015). Targets presented at $0^{\circ}$, while makers were either also presented at the same spatial location or at $\pm 15^{\circ}$. Target and maskers were recorded by different female talkers. Target sentences were cued by the call-sign 'Jane.' | Yes <br> (when masker was spatially separated; no advantage when target and masker were at $0^{\circ}$ ) |
| Mandikal Vasuki, Mridula Sharma, Demuth, \& Arciuli (2016) | M: 28 y (median) NM: 25 y (median) | $\geq 10$ y training Started $\leq$ age 9 | LiSN-S test <br> Repeat sentences produced by the same or a different talker at $\left(0^{\circ}\right)$ | No difference |
| Slater \& Kraus (2016) | M: $25.4 \pm 5.7$ y <br> (Percussionists) <br> $23.4 \pm 3.6$ y (Vocalists) <br> NM: $23.2 \pm 3.8$ y | Active musicians $\geq 7$ y | WIN \& QuickSIN <br> Words and sentences in 4-talker babble | Yes (QuickSIN for drummers only. No difference for WIN) |
| Deroche, Limb, | M: $21.9 \pm 2.6$ y | 8 y training | Harvard/IEEE Sentence for target and | No difference |


| $\begin{aligned} & \text { Chatterjee, \& Gracco } \\ & (2017) \end{aligned}$ | NM: $25.1 \pm 5.9$ y | Started $\leq$ age 8 | 2-talker maskers spoken by the same male talker <br> The masker had a fixed f0 $(150 \mathrm{~Hz})$, while the target f 0 varied ( $\Delta \mathrm{f} 0=0,-2,-8 \mathrm{ST}$ ). Target and maskers were also presented in the same and different ears. | (no musician effect or interaction with f0 or ear) |
| :---: | :---: | :---: | :---: | :---: |
| Madsen, Whiteford, \& Oxenham (2017) | M: $21.13 \pm 2.47 \mathrm{y}$ <br> NM: $20.9 \pm 2.70$ | $\begin{aligned} & 10 \mathrm{y} \text { training } \\ & \text { Started } \leq \text { age } 7 \\ & \text { Practice } \geq 5 \mathrm{hr} / \mathrm{wk} \end{aligned}$ | Target (HINT) sentences with 1-talker interferer (IEEE sentences) <br> Target and masker recorded by different male talkers. The masker average f 0 was lower than the target by $0,1,2,4,8$ ST ( $1 / 2$ trials with normal intonation and $1 / 2$ of trials monotone). | No difference (for both natural and monotone f0 conditions) |
| Morse-Fortier, Parrish, <br> Baran, \& Freyman (2017) | $\begin{aligned} & \text { M: } 20.1 \mathrm{y} \\ & \text { NM: } 22.5 \mathrm{y} \end{aligned}$ | Daily practice Enrolled in college music program | Target sentences with 2-talker masker sentences (from Helfer, 1997) Monitored for words from a list. Target voice was a female talker. Maskers were 2 other female talkers. | Yes |
| Yeend et al. (2017) | M/NM: 45 y (range: 30-57) | Professional musicians | NAL-DCT <br> Monologues presented in multitalker background speech (-7dB SNR) <br> LiSN-S test <br> Repeat sentences produced by a different talker at $\left( \pm 90^{\circ}\right)$ | No difference (both tasks) |
| Zendel, West, <br> Belleville, \& Peretz <br> (2017) | Musical training group: $67.5 \pm 4.2 y$ <br> Control: $69.3 \pm 5.7 \mathrm{y}$ | All were nonmusicians ( $\leq 3$ y musical training) | Monosyllabic words in multitalker babble <br> Babble created by combining monologues spoken by 4 speakers at 15 dB or 0 dB SNR | Yes <br> (Musical training group showed more improvement) |
| Başkent et al. (2018) | $\begin{aligned} & \text { M: } 12.4 \mathrm{y} \\ & \text { (range }=11-13 \text { ) } \\ & \text { NM: } 12.3 \mathrm{y} \text { (range: } \\ & 11-14) \end{aligned}$ | $\geq 5$ y training Started $\leq$ age 7 Musical training in the last 3 y | Meaningful target sentences with a masker (concatenated partial sentences). Target spoken by a female talker. Masker either by the same female talker or a male talker (masker onset preceded target sentence). | No difference |
| Couth et al. (2021) | $\begin{aligned} & \text { M: 18-26 y } \\ & \text { NM: } 18-27 \text { y } \end{aligned}$ | College/early-career musicians (either completing or graduated < 1 y prior) | CRM paradigm <br> Target cued by ‘Baron’; two maskers. Target and masker talkers were randomly selected from 2 male and 2 female talkers | No difference |
| Kaplan et al. (2021) | $\begin{aligned} & \text { M: } 27.13 \mathrm{y} \\ & \text { (range: } 19-45 \text { ) } \\ & \text { NM: 26.35 y } \\ & \text { (range 19-46) } \end{aligned}$ | $\geq 10$ y training <br> Started $\leq$ age 7 <br> Practicing $\geq 3$ y prior to the study | Semantically neutral target sentences with 1-talker masker (meaningful sentences from Versfeld et al., 2000). Target and masker were recorded by 2 female talkers. Target-to-masker ratio (TMR): $-3 \mathrm{~dB},-5 \mathrm{~dB}$, $-7 \mathrm{~dB},-9 \mathrm{~dB}$ | Yes |
| Mussoi (2021) | $\begin{aligned} & \text { M: } 69.5 \pm 4.5 \mathrm{y} \\ & \text { NM: } 70.1 \pm 3.6 \text { y } \end{aligned}$ | $\geq 5$ y training <br> Started $\leq$ age 10 <br> Practice $\geq 3 \mathrm{hr} / \mathrm{wk}$ | QuickSIN <br> Words in 4-talker babble | No difference |

Supplemental Material S2. Calculations of semitone separation based on Kishon-Rabin et al. (2001).

| Group | Relative difference <br> limen (relDLF); $\Delta f / f_{1}$ | Just noticeable difference <br> (JND) relative to 100 Hz | Semitone difference from 100 <br> Hz; hqmisc R package <br> $f 2 s t\left(f_{2}\right.$, base $\left.=100\right)$ |
| :--- | :--- | :--- | :--- |
| Musicians | $\Delta f / f_{1}=0.00907$ | $\Delta f=0.00907: f_{100 \mathrm{~Hz}}$ <br> $\Delta f=0.907$ <br> $f_{2}=100.907$ | $\Delta \mathrm{ST}=0.156$ |
| Nonmusicians | $\Delta f / f_{1}=0.01783$ | $\Delta f=0.01783: f_{100 \mathrm{~Hz}}$ <br> $\Delta f=1.783$ <br> $f_{2}=101.783$ | $\Delta \mathrm{ST}=0.306$ |
|  |  |  |  |

Kishon-Rabin et al. (2001) found that musicians had a smaller relative difference limen (refDLF: $\Delta f / f_{1}=0.00907$ ) than nonmusicians (relDLF: $\Delta f f f_{1}=0.01783$ ) in perceiving a difference in pure tones. We calculated what this difference limen would be relative to $100 \mathrm{~Hz}\left(\Delta f=\right.$ relDLF: $f_{100 \mathrm{~Hz}}$ ). We then calculated the difference in semitones between the just-noticeable difference (JND) frequency ( 100.907 Hz for musicians, 101.783 for nonmusicians) and starting frequency $(100 \mathrm{~Hz})$ with the hqmisc R package: $f 2 s t(100 \mathrm{~Hz}+\Delta f$, base $=100 \mathrm{~Hz})$.

Supplemental Material S3. Sentence identification (Experiment 1): Posterior means (Estimate), standard deviation of the posterior (Error), $95 \%$ credible intervals (Q2.5, Q97.5), and percent of posterior distribution above or below zero, for fixed effects. Effects whose credible intervals do not include zero, or those with $95 \%$ of their distribution on one side of 0 are in bold.

|  |  |  |  |  | $\%$ Distribution |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  | Estimate | Error | Q2.5 | Q97.5 | $<0$ | $>0$ |
| Intercept | $\mathbf{0 . 8 3}$ | $\mathbf{0 . 2 8}$ | $\mathbf{- 1 . 3 8}$ | $\mathbf{- 0 . 2 9}$ | $\mathbf{1 0 0}$ | $\mathbf{0}$ |
| Group (Musician) | 0.04 | 0.04 | -0.04 | 0.12 | 17 | 83 |
| Age (YA) | $\mathbf{0 . 1 3}$ | $\mathbf{0 . 0 5}$ | $\mathbf{0 . 0 4}$ | $\mathbf{0 . 2 2}$ | $\mathbf{0}$ | $\mathbf{1 0 0}$ |
| F0 | $\mathbf{0 . 2 7}$ | $\mathbf{0 . 0 4}$ | $\mathbf{0 . 1 9}$ | $\mathbf{0 . 3 4}$ | $\mathbf{0}$ | $\mathbf{1 0 0}$ |
| Block | $\mathbf{0 . 0 3}$ | $\mathbf{0 . 0 1}$ | $\mathbf{0}$ | $\mathbf{0 . 0 5}$ | $\mathbf{1}$ | $\mathbf{9 9}$ |
| SingleSentenceAcc | -0.04 | 0.05 | -0.13 | 0.05 | 83 | 17 |
| Group(Musician):Age(YA) | $\mathbf{0 . 1}$ | $\mathbf{0 . 0 4}$ | $\mathbf{0 . 0 2}$ | $\mathbf{0 . 1 9}$ | $\mathbf{1}$ | $\mathbf{9 9}$ |
| Group(Musician):F0 | 0.02 | 0.04 | -0.06 | 0.09 | 34 | 66 |
| Age(YA):F0 | 0.05 | 0.04 | -0.02 | 0.13 | 8 | 92 |
| Group(Musician):Age(YA):F0 | $\mathbf{0 . 0 6}$ | $\mathbf{0 . 0 4}$ | $\mathbf{- 0 . 0 1}$ | $\mathbf{0 . 1 4}$ | $\mathbf{5}$ | $\mathbf{9 5}$ |
| Num. observations = 9,792; Num participants $=51 ;$ Num. sentences $=16$ |  |  |  |  |  |  |

Supplemental Material S4. Confusion matrix for participants who did not reach $90 \%$ in single vowel identification (shown in percentages).

|  | observed | bought | bet | beat | boot |
| :--- | :--- | :--- | :--- | :--- | :--- |
| expected | bat | $5.3 \%$ | $22.7 \%$ | $2.3 \%$ | $0 \%$ |
| $/ æ /$ | $69.7 \%$ | $31.1 \%$ | $1.5 \%$ | $0.8 \%$ | $0 \%$ |
| $/ \mathrm{a} /$ | $66.7 \%$ | $6.1 \%$ | $78 \%$ | $6.8 \%$ | $3 \%$ |
| $/ \varepsilon /$ | $6.1 \%$ | $1.5 \%$ | $15.9 \%$ | $81.1 \%$ | $1.5 \%$ |
| $/ \mathrm{i} /$ | $0 \%$ | $22.7 \%$ | $2.3 \%$ | $0 \%$ | $74.2 \%$ |
| $/ \mathrm{u} /$ | $0.8 \%$ |  |  |  |  |

Supplemental Material S5. Confusion matrix for YA nonmusicians who did reach $90 \%$ in single vowel identification (shown in percentages).

|  | observed |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- |
| expected | bat | bought | bet | beat | boot |
| $/ \mathfrak{x} /$ | $89.7 \%$ | $0 \%$ | $10.3 \%$ | $0 \%$ | $0 \%$ |
| $/ \mathrm{a} /$ | $23.1 \%$ | $76.9 \%$ | $0 \%$ | $0 \%$ | $0 \%$ |
| $/ \varepsilon /$ | $0 \%$ | $1.3 \%$ | $94.9 \%$ | $2.6 \%$ | $1.3 \%$ |
| $/ \mathrm{i} /$ | $0 \%$ | $0 \%$ | $2.6 \%$ | $97.4 \%$ | $0 \%$ |
| $/ \mathrm{u} /$ | $0 \%$ | $1.3 \%$ | $5.1 \%$ | $0 \%$ | $93.6 \%$ |

Supplemental Material S6. Confusion matrix for YA musicians who did reach $90 \%$ in single vowel identification (shown in percentages).

|  | observed | bought | bet | beat | boot |
| :--- | :--- | :--- | :--- | :--- | :--- |
| expected | bat | $0 \%$ | $2.1 \%$ | $0 \%$ | $0 \%$ |
| $/ \mathfrak{} /$ | $97.9 \%$ | $88.5 \%$ | $0 \%$ | $0 \%$ | $0 \%$ |
| $/ \mathrm{a} /$ | $11.5 \%$ | $0 \%$ | $100 \%$ | $0 \%$ | $0 \%$ |
| $/ \varepsilon /$ | $0 \%$ | $0 \%$ | $0 \%$ | $100 \%$ | $0 \%$ |
| $/ \mathrm{i} /$ | $0 \%$ | $0 \%$ | $0 \%$ | $100 \%$ |  |
| $/ \mathrm{u} /$ | $0 \%$ |  |  | $0 \%$ |  |

Supplemental Material S7. Confusion matrix for OA nonmusicians who did reach $90 \%$ in single v owel identification (shown in percentages).

|  | observed | bought | bet | beat | boot |
| :--- | :--- | :--- | :--- | :--- | :--- |
| expected | bat | $0 \%$ | $6 \%$ | $0 \%$ | $0 \%$ |
| $/ \mathfrak{Z} /$ | $94 \%$ | $88.1 \%$ | $1.2 \%$ | $0 \%$ | $0 \%$ |
| $/ \mathrm{a} /$ | $10.7 \%$ | $4.8 \%$ | $91.7 \%$ | $2.4 \%$ | $0 \%$ |
| $/ \varepsilon /$ | $1.2 \%$ | $0 \%$ | $6 \%$ | $92.9 \%$ | $0 \%$ |
| $/ \mathrm{i} /$ | $1.2 \%$ | $3.6 \%$ | $1.2 \%$ | $1.2 \%$ | $94 \%$ |
| $/ \mathrm{u} /$ | $0 \%$ |  |  |  |  |

Supplemental Material S8. Confusion matrix for OA musicians who did reach $90 \%$ in single vowel identification (shown in percentages).

|  | observed |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- |
| expected | bat | bought | bet | beat | boot |
| $/ \mathfrak{x} /$ | $96.4 \%$ | $0 \%$ | $2.4 \%$ | $1.2 \%$ | $0 \%$ |
| $/ \mathrm{a} /$ | $16.7 \%$ | $83.3 \%$ | $0 \%$ | $0 \%$ | $0 \%$ |
| $/ \varepsilon /$ | $0 \%$ | $0 \%$ | $97.6 \%$ | $0 \%$ | $2.4 \%$ |
| $/ \mathrm{i} /$ | $1.2 \%$ | $0 \%$ | $0 \%$ | $98.8 \%$ | $0 \%$ |
| $/ \mathrm{u} /$ | $0 \%$ | $0 \%$ | $4.8 \%$ | $0 \%$ | $95.2 \%$ |

Supplemental Material S9. Double vowel identification (Experiment 2): Posterior means (Estimate), standard deviation of the posterior (Error), $95 \%$ credible intervals (Q2.5, Q97.5), and percent of posterior distribution above or below zero, for fixed effects. Effects whose credible intervals do not include zero, or those with $95 \%$ of their distribution on one side of 0 are in bold.

|  | Estimate | Error | Q2.5 | Q97.5 | \% Distribution |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  | $<0$ | $>0$ |
| Intercept | -1.19 | 0.21 | -1.6 | -0.77 | 100 | 0 |
| Group(Musician) | 0.1 | 0.13 | -0.16 | 0.36 | 22 | 78 |
| F0 | 0.45 | 0.04 | 0.37 | 0.52 | 0 | 100 |
| Age(YA) | -0.1 | 0.13 | -0.36 | 0.16 | 78 | 22 |
| Block | 0.09 | 0.01 | 0.07 | 0.11 | 0 | 100 |
| VowelDistance | 0.38 | 0.19 | 0 | 0.75 | 3 | 97 |
| JointSingleVowelAcc | 0.15 | 0.02 | 0.11 | 0.2 | 0 | 100 |
| Group(Musician):F0 | 0 | 0.04 | -0.07 | 0.07 | 53 | 47 |
| Group(Musician):Age(YA) | 0.15 | 0.13 | -0.1 | 0.41 | 12 | 88 |
| F0:Age(YA) | -0.09 | 0.04 | -0.16 | -0.02 | 99 | 1 |
| Group(Musician):VowelDistance | 0.03 | 0.18 | -0.33 | 0.4 | 43 | 57 |
| Age(YA):VowelDistance | -0.04 | 0.18 | -0.4 | 0.32 | 59 | 41 |
| Group(Musician):F0:Age(YA) | 0 | 0.04 | -0.07 | 0.07 | 49 | 51 |
| Group(Musician):Age(YA): <br> VowelDistance | -0.05 | 0.18 | -0.41 | 0.31 | 61 | 39 |
| Num. observations $=12,000 ;$ Num. participants $=50 ;$ Num. vowel pairs $=20$ |  |  |  |  |  |  |

