

**Supplemental Material S1.** Mean hearing thresholds for initial and exit assessment with hearing deterioration across ears ( $N = 69$ ).

Frequency (kHz)	0.25	0.5	1	2	4	6	8	9	11.2	12.5	14	16
<b>Left ear</b>												
Mean initial dB	18.7	20.3	19.6	17.9	14.4	13.5	19.3	21.6	21.4	23.8	25.5	19.2
(SD)	(10.1)	(13.4)	(12.6)	(12.6)	(14.3)	(16.6)	(18.1)	(22.2)	(21.1)	(23.5)	(24.0)	(21.6)
n	62	62	69	68	69	57	67	63	65	60	64	57
Mean exit dB	19.1	23.4	20.6	18.7	14.9	28.2	23.3	26.3	33.3	39.7	45.6	44.8
(SD)	(9.7)	(14.4)	(13.6)	(14.0)	(18.1)	(32.8)	(26.0)	(26.6)	(28.3)	(28.0)	(26.5)	(19.9)
n	37	37	69	69	69	22	69	62	69	61	69	69
Mean deterioration dB (SD)	-0.6 (13.5)	-2.5 (11.0)	-1.0 (9.3)	-0.8 (8.5)	-0.5 (12.7)	-8.6 (26.4)	-2.5 (19.3)	-4.3 (19.5)	-9.2 (24.6)*	-15.9 (28.0)*	-18.6 (28.4)*	-22.0 (25.3)*
<b>Right ear</b>												
Mean initial dB	17.1	19.8	20.4	16.4	15.7	15.3	19.7	19.0	21.7	24.6	25.4	18.2
(SD)	(10.3)	(11.3)	(13.6)	(14.4)	(19.4)	(18.7)	(19.7)	(21.0)	(20.4)	(18.6)	(23.0)	(20.4)
n	63	63	69	69	69	59	69	63	69	61	64	54
Mean exit dB	19.3	22.7	20.6	16.8	16.1	28.3	24.6	28.2	31.5	39.9	43.8	44.7
(SD)	(9.4)	(11.8)	(14.1)	(14.6)	(20.8)	(26.4)	(26.2)	(29.0)	(27.0)	(26.7)	(26.4)	(21.6)
n	37	37	69	69	69	21	69	61	68	61	69	69
Mean deterioration dB (SD)	-3.1 (10.9)	-2.5 (11.8)	-0.1 (9.8)	-0.4 (11.6)	-0.4 (11.7)	-6.0 (20.2)	-4.9 (20.6)	-9.1 (23.7)*	-9.6 (24.0)*	-16.8 (26.6)*	-18.1 (26.4)*	-23.0 (27.4)*

kHz, kilohertz; dB, decibel; SD, standard deviation

\* significant hearing deterioration ( $p < 0.05$ )