

Supplemental Material S6. Policy categories that might support the identified intervention functions.

Intervention function	COM-B component	Potential policy categories	Does the policy meet the APEASE criteria in the context of facilitating an adaptive response to tinnitus?
Education	Psychological capability Reflective motivation	Communication/marketing	Not applicable in this context
		Guidelines	Possible in the long-term but not present
		Regulation	Not relevant in this context
		Legislation	Not relevant in this context
		Service provision	Possible in the long-term but not presently
Persuasion	Reflective motivation	Communication/marketing	Not applicable in this context
		Guidelines	Possible in the long-term but not present
		Regulation	Not relevant in this context
		Legislation	Not relevant in this context
		Service provision	Possible in the long-term but not presently
Incentivization	Reflective motivation	Communication/marketing	Not applicable in this context
		Guidelines	Not practicable in this context
		Fiscal measures	Not relevant in this context
		Regulation	Not relevant in this context
		Legislation	Not relevant in this context
		Service provision	Possible in the long-term but not presently
Coercion	Reflective motivation	Communication/marketing	Not practicable in this context
		Guidelines	Possible in the long-term but not present
		Fiscal measures	Not relevant in this context
		Regulation	Not relevant in this context
		Legislation	Not relevant in this context
		Service provision	Possible in the long-term but not presently
Training	Physical capability Psychological capability Physical opportunity Automatic motivation	Guidelines	Possible in the long-term but not present
		Fiscal measures	Not relevant in this context
		Regulation	Not relevant in this context
		Legislation	Not relevant in this context
		Service provision	Possible in the long-term but not present
Modelling	Social opportunity Reflective motivation Automatic motivation	Communication/marketing	Not applicable in this context
		Service provision	Possible in the long-term but not presently
Enablement	Psychological capability Reflective motivation Automatic motivation	Guidelines	Not relevant in this context
		Fiscal measures	Not relevant in this context
		Regulation	Not relevant in this context
		Legislation	Not relevant in this context
		Environment/ social planning	Not practical in this context
		Service provision	Possible in the long-term but not presently
Policy categories selected: Guidelines and service provision			