## **Supplemental Table 2.** Methodological quality of the excluded studies.

Critical appraisal ratings of excluded studies evaluated with the ASHA's levels-of-evidence (ASHA's LOE) scheme (Mullen, 2007). Based on the quality score studies awarded with one or no points were classified as weak and were excluded from the review.

Study	Study Design	Assessor Blinded	Random Sample	Groups/ Participants Comparable	Valid Primary Outcome Measure(s) <sup>a</sup>	Significance Reported or Calculable	Precision Reported or Calculable	Total Quality Score
Gopal & Kowalski, 1999	Case-control study	No	No	No	Yes	No	No	1/7
Meister et al., 2004	Case-control study	No	No	No	No	Yes	No	1/7
Phillips et al., 2010	Case-control study	No	No	No	No	Yes	No	1/7
Tobey et al., 1979	Case-control study	No	No	No	No	Yes	No	1/7
Zwissler et al., 2014	Case-control study	No	No	No	Yes	No	No	1/7

<sup>&</sup>lt;sup>a</sup>At the criterion "Valid primary outcome measures," three answer options were possible, namely: *Yes*, *Reasonable*, and *No*. All other criterion had two possible outcomes, *Yes* or *No*. Boldface indicates highest level of quality in each category.