Supplemental Material S1. A woman's personal narrative in its entirety (example of an emotionally laden narrative).

¹⁰I was raised in the area where people were pretty poor. ²⁰My mother was with a man who was not my father. ³⁰He was very abusive to my sister. ^{4E}I won't get into all that. ^{SE/C}But it made an impact on my life because I told my mother what he was doing. ^{6C}He was molesting my sister. ^{7C}When I told her, my mother slapped me down. ^{8C}He told my mother to get rid of the little bastard. ^{9E}That's the only curse word I'mana use, which was true. ^{10E}I mean, we weren't bastards. ^{11E}But it's just that what he said. ^{12C}And my mother reacted on it. ^{13C}And she got rid of us. ^{14C}The reason why we had to leave was because it was a fire in the house. ^{15C}And his only son was burnt up. ^{16C}We were not playing with matches. ¹⁷⁰During those days some families lived in one room. ¹⁸⁰They couldn't afford but one room. ¹⁹⁰In those days, people had a lot of rooming houses because that's the way a lot of black folks lived in that time. ^{20C}And the oil stove was there. ^{21C}We were jumping on the bed. ^{22O}I was four. ^{23O}My brother was three. ^{24O}My oldest sister couldn't have been no more than about six years old. ^{25C}She left us in the house to go to the playground with my other brother. ^{26C}And we were jumping on the bed. ^{27C}And the oil stove turned over. ^{28C}It was between the two beds. ^{29C}And the baby was burnt up. ^{30C}So that's why he didn't want us around. ^{31E}That affected my life a whole lot. ^{32E}I think it was the separation from knowing that you had brothers and sisters. ^{33R}But I was with people who loved me. ^{34R}Who took care of me. ^{35R}Who didn't have any children. ^{36R/E}And through my grandmother and through her faith as a Christian (she) helped me a whole lot. ^{37R}And (she) taught me a whole lot even as a child. ^{38R}She died, I think, when I was about four or five. ^{39R}But it was her love for me that got me through a lot of things. ^{40E}And I don't want anybody to go through what I went through. ^{41E}Life can be difficult. ^{42E}So complicated. ^{43CO}But I do know that vou can change vour life if you want to. ^{44CO}You have to really want to.