

Supplemental Material S5. Patients' report of number of self-management skills they are using on the tinnitus workshop follow-up (TWF) questionnaire. For four self-management skills, patients are asked whether or not they are using those skills. For each respondent, the number of "yes" responses is totaled.

<u>Bay Pines</u>		Attended PTM Level 3 in:										Total Across Years	
		2010		2011		2012		2013		2014			
Number of Skills Used		N	%	N	%	N	%	N	%	N	%	N	%
4		33	57%	30	70%	25	69%	38	68%	58	60%	184	64%
3		7	12%	3	7%	7	19%	10	18%	20	21%	47	16%
2		7	12%	6	14%	2	6%	4	7%	10	10%	29	10%
1		7	12%	2	5%	2	6%	1	2%	6	6%	18	6%
0		4	7%	2	5%	0	0%	3	5%	2	2%	11	4%
Total		58		43		36		56		96		289	
<u>Boston</u>		Attended PTM Level 3 in:										Total Across Years	
		2010		2011		2012		2013		2014			
Number of Skills Used		N	%	N	%	N	%	N	%	N	%	N	%
4		20	65%	14	56%	18	64%	11	48%	18	56%	81	58%
3		3	10%	5	20%	8	29%	4	17%	10	31%	30	22%
2		6	19%	4	16%	0	0%	3	13%	2	6%	15	11%
1		1	3%	0	0%	2	7%	2	9%	2	6%	7	5%
0		1	3%	2	8%	0	0%	3	13%	0	0%	6	4%
Total		31		25		28		23		32		139	
<u>Total Across Sites</u>		Attended PTM Level 3 in:										Total Across Years	
		2010		2011		2012		2013		2014			
Number of Skills Used		N	%	N	%	N	%	N	%	N	%	N	%
4		53	60%	44	65%	43	67%	49	62%	76	59%	265	62%
3		10	11%	8	12%	15	23%	14	18%	30	23%	77	18%
2		13	15%	10	15%	2	3%	7	9%	12	9%	44	10%
1		8	9%	2	3%	4	6%	3	4%	8	6%	25	6%
0		5	6%	4	6%	0	0%	6	8%	2	2%	17	4%
Total		89		68		64		79		128		428	

Note. PTM = progressive tinnitus management.