

**Supplemental Material S6.** Fitted linear mixed effect model for BVPA (blood volume pulse amplitude).

<i>Predictors</i>	<i>Estimates</i>	<b>value</b>	
		<i>CI</i>	<i>p</i>
(Intercept)	-0.38 *	-0.72 – -0.04	<b>0.028</b>
Time	0.18	-0.01 – 0.37	0.067
Session Type	0.10	-0.09 – 0.29	0.285
<b>Random Effects</b>			
$\sigma^2$	0.08		
T00 ID	0.03		
ICC	0.27		
N ID	10		
Observations	37		
Marginal R <sup>2</sup> / Conditional R <sup>2</sup>	0.092 / 0.339		
* $p < 0.05$ ** $p < 0.01$ *** $p < 0.001$			