

Table S26

Myotonic Dystrophy: Study Design Details and Participant Characteristics for Speech Warming Up Exercises as a Treatment Modality

Source	N	Study design	Sex (% female)	Age range (years)	Dysarthria type	Inclusion/exclusion criteria	Inferential statistics	Power analysis	Control group	Baseline data collected	Control intervention	Number of treatment sessions	Mode of treatment delivery	Home exercise plan	Patient-reported outcomes	Treatment effect size
de Swart et al. (2007)	30	Prospective; quasi-experimental	47.00%	18-68	NR	Inclusion: • DNA-proven myotonic dystrophy of adult onset	Yes	No	Yes	Yes – single baseline	No	1	In person, individual	No	No	No

Note. NR, not reported.