

**Supplemental Material S2.** Quality assessment of included studies using the Mixed Methods Appraisal Tool (Hong et al., 2018).

Article	Study Type	Criteria 1	Criteria 2	Criteria 3	Criteria 4	Criteria 5
Baxter et al. (2009)	Quantitative Descriptive	Y	-	-	N	-
Beck & Dennis (1997)	Quantitative Descriptive	Y	-	-	-	-
Bland (1995)	Quantitative Descriptive	Y	-	Y	-	Y
Dohan & Schulz (1998)	Quantitative Descriptive	Y	Y	Y	-	-
Elksnin & Capilouto (1994)	Quantitative Descriptive	Y	-	-	Y	-
Fallon (2011)	Quantitative descriptive	Y	Y	N	N	Y
Glover et al. (2015)	Qualitative	Y	-	Y	-	-
	Quantitative Descriptive	Y	N	Y	N	-
	Mixed Methods	Y	Y	Y	Y	Y
Huffman (2020)	Quantitative Descriptive	Y	N	Y	-	Y
Jago & Radford (2017)	Qualitative	Y	Y	-	Y	Y
McKenna et al. (2021)	Quantitative Descriptive	-	-	Y	-	Y
Pershey & Rapking (2003)	Quantitative Descriptive	-	Y	-	-	-
Pfeiffer et al. (2019)	Quantitative Descriptive	Y	-	Y	-	Y
Reid et al. (1996)	Qualitative	Y	-	-	N	N

	Quantitative Descriptive	Y	Y	-	-	-
	Mixed Methods	Y	-	-	-	-
Serry (2013)	Qualitative	Y	-	-	Y	Y
Shaughnessy & Sanger (2005)	Quantitative Descriptive	Y	Y	Y	-	Y
Shelton (2018)	Qualitative	Y	-	Y	-	-
	Quantitative Descriptive	-	-	-	-	-
	Mixed Methods	-	-	-	-	-
Wallace et al. (2022)	Quantitative Descriptive	Y	Y	-	-	Y
Wright & Graham (1997)	Quantitative Descriptive	-	-	N	-	-

**Note.** **Y** Criteria fulfilled; **N** Criteria not fulfilled; - Unable to determine if criteria were fulfilled based on study description