

**Supplemental Material S1.** Practical feasibility outcomes by care-partner status.

	<b>Demographics</b>		<b>EMST</b>				<b>CST</b>			
	<b>Disease duration (years)</b>	<b>MMSE Score (mean)</b>	<b>Initial MEP duration (minutes)</b>	<b>Final MEP duration (minutes)</b>	<b>EMST 1<sup>st</sup> session duration (minutes)</b>	<b>EMST 4<sup>th</sup> session duration (minutes)</b>	<b>Initial PEFR duration (minutes)</b>	<b>Final PEFR duration (minutes)</b>	<b>CST 1<sup>st</sup> session duration (minutes)</b>	<b>CST 4<sup>th</sup> session duration (minutes)</b>
Participants <b>with</b> a Care-Partner	5.44	25.43	10.93	6.17	8.10	9.89	5.23	3.28	12.26	11.91
Participants <b>without</b> a Care-Partner	9.00*	28.83	10.03	4.61	6.24	4.98	4.47	2.15	13.24	8.48

\*One participant with cerebellar ataxia in the group of participants without a care-partner had a disease duration of 42 years. When excluding this participant, the mean disease duration for the group of participants without a care-partner was 6.00.