

Supplemental Material S2. Comparison of effects of recommended voice rest and timepoint relative to microflap surgery on VHI scores with absolute voice rest duration analyzed categorically or continuously.

VHI score	Effect	Categorical			Continuous		
		<i>df</i>	<i>F</i>	<i>p</i> -value	<i>df</i>	<i>F</i>	<i>p</i> -value
Total	Voice rest	2,76	0.18	.8374	1,76	0.01	.9421
	Timepoint	2,76	34.95	< .0001***	2,76	34.90	< .0001***
Functional	Voice rest	2,72	0.03	.9671	1,70	0.63	.4306
	Timepoint	2,72	23.06	< .0001***	2,70	8.18	.0006***
	Timepoint × Voice rest	n/a	n/a	n/a	2,70	3.18	.0478*
Physical	Voice rest	2,72	0.07	.9335	1,72	0.65	.4234
	Timepoint	2,72	44.24	< .0001***	2,72	44.36	< .0001***
Emotional	Voice rest	2,72	0.42	.6593	1,72	0.43	.5150
	Timepoint	2,72	36.48	< .0001***	2,72	36.47	< .0001***

Type 3 fixed effects in linear mixed models for VHI total score and subscale scores with recommended absolute voice rest duration category (< 7 days, 7 days, > 7 days) or continuous value (days; mean 7.5 ± 2.5 , median 7, IQR 6–8, range 5–18) and timepoint (preop, postop 1, postop 2) as fixed effects and intercepts for each patient as repeated measures: * $p < .05$, *** $p < .001$.