

Supplemental Material S2.

S2. Directions for turning off the computer audio gain control for microphone and speaker.

PC Users (Windows 10)

1. Right click on speaker icon (🔊) in bottom right toolbar and select “Sounds” or go to “Sound” in system settings and select “Sound Control Panel” from Related Settings.
 - i. Select “Playback” tab in the Sound Control Panel window.
 - ii. Right click on the speaker utilized and go to “Properties.”
 - iii. Got to the “Enhancements” tab in speaker properties and uncheck all sound effects (see *Figure S2-1(a)*).
 - iv. Select “Recording” tab in the Sound Control panel window.
 - v. Right click on the microphone utilized and go to “Properties.”
 - vi. Go to “Enhancements” tab and uncheck all sound effects (see *Figure S2-1(b)*).
 - vii. Select “Communications” tab in the Sound Control panel window.
 - viii. Select “Do nothing” radio button as the option When Windows detects communication activity (see *Figure S2-1(c)*).

Mac Users (iOS)

1. In Mac ‘Sound Settings,’ go to “Input” tab.
2. Uncheck “Use ambient noise reduction” option under “Settings for the selected devices” (see *Figure S2-2*).

Figure S2-1. Sound Settings for disabling audio enhancements in Windows 10. a. Disabling speaker audio enhancements. b. Disabling microphone audio enhancements. c. Disabling adaptive volume control.

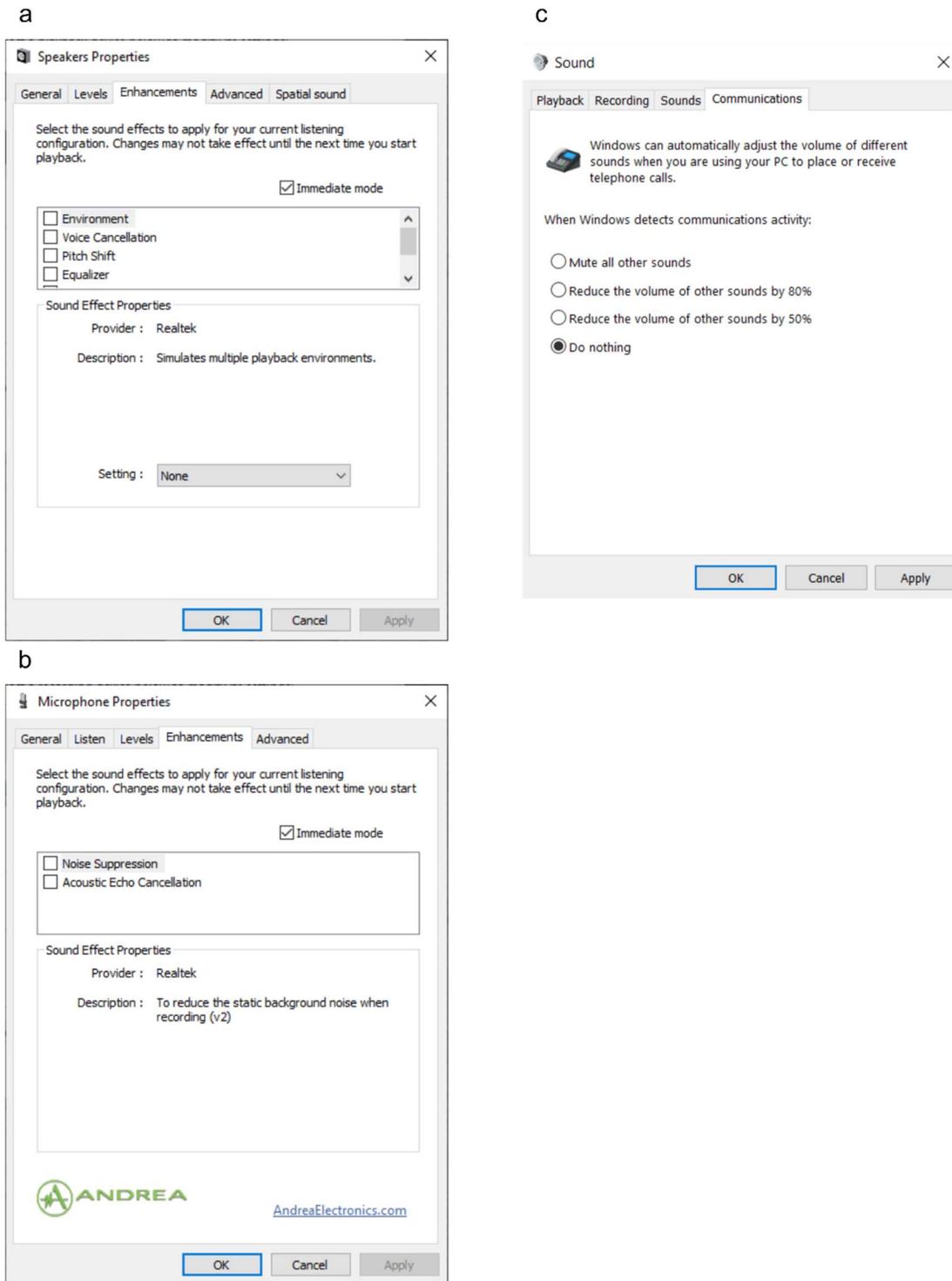


Figure S2-2. Sound Settings for disabling microphone audio enhancements in iOS.

