

#### Supplemental Material S4. Onset/causes.

Website	Loud Noise	High pitched noise	Background Noise	Air Travel	Ear Sensitising Medication	Other Medication	Surgery	Head Trauma	Glue Ear	History of Ear Infections	Family History of Ear Infections	Other
Amplifon	No	No	No	No	No	No	No	No	No	No	No	<ul style="list-style-type: none"> <li>• Post-Traumatic Stress Disorder</li> </ul>
Action on Hearing Loss	Yes	No	No	No	No	No	No	Yes	No	No	No	<ul style="list-style-type: none"> <li>• Altered brain chemistry.</li> <li>• Processing of sound signals by the brain</li> </ul>
American Speech-Language-Hearing Association	Yes	Yes	No	No	No	Yes	No	Yes	No	Yes	No	
British Tinnitus Association	Yes	Yes	Yes	No	No	No	No	Yes	No	No	No	
Dizziness & Balance	Yes	No	No	No	No	No	Yes	No	No	No	No	<ul style="list-style-type: none"> <li>• Meniere’s disease,</li> <li>• Highly vigilant or obsessive people</li> <li>• Asperger’s syndrome,</li> <li>• Brain Migraine</li> </ul>
Hear.com	Yes	No	No	No	No	No	No	Yes	No	Yes	No	<ul style="list-style-type: none"> <li>• Autoimmune disorder,</li> <li>• birth defects</li> </ul>
Hidden Hearing	Yes	No	No	No	No	No	No	Yes	No	No	No	
Hyperacusis Focus	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	No	No	No	<ul style="list-style-type: none"> <li>• Damage to inner ear.</li> <li>• Deficiency in magnesium or pyridoxine.</li> <li>• Genetic</li> </ul>
Hyperacusis.net	Yes	Yes	Yes	No	No	Yes	Yes	Yes	No	No	No	
NHS	Yes	No	No	No	No	Yes	Yes	Yes	Yes	Yes	No	
South Tees NHS	Yes	No	No	No	No	No	No	Yes	No	No	No	
University of California San Francisco	Yes	Yes	Yes	No	No	Yes	Yes	Yes	No	Yes	No	
Vestibular.org	No	Yes	Yes	No	No	Yes	Yes	Yes	No	No	No	<ul style="list-style-type: none"> <li>• Brain chemistry</li> <li>• Dysfunction circulatory changes</li> </ul>
WebMD	Yes	No	Yes	No	No	Yes	No	Yes	No	No	No	
Wikipedia	Yes	No	No	No	Yes	Yes	Yes	Yes	No	Yes	No	<ul style="list-style-type: none"> <li>• Lyme disease</li> <li>• Meniere’s disease</li> </ul>